

Saumya Sharma

International Trainer, Breakthrough Coach and Healer

Chief Catalyst of Change : *The Butterfly Effect*



The phenomenon by which a small change in one state of a system can result in large differences in a later state is called **The Butterfly Effect**.

Saumya Sharma is a reputed holistic healer, empathetic coach and a dynamic trainer, certified in over 24 healing modalities and practices, who epitomises this effect. Adding in a background of Psychology and Corporate HR, she uses a potent combination of cognitive analysis with healing to reach the core issues and help clients reach their true potential and practically express and live it in their daily lives.

She has been working in the field of body-mind healing, self-empowerment training and coaching since 2009.

Key Certifications and Trainings:

- Certified and Licensed Heal Your Life Workshop Presenter, Trainer by Hay House, USA
- Accredited Journey Practitioner
- Certified Access Bars Facilitator
- Master Practitioner of Neuro-Linguistic Programming (NLP) with SNLP and Anchor NLP
- Neuro-Linguistic Programming (NLP) Advanced Practitioner by Dr Richard McHugh
- Breakthrough Coach by ANLP and Vitality Living College
- Timeline Therapy Practitioner by ANLP and Vitality Living College
- Emotional Freedom Technique (EFT) Trainer by Vitality Living College
- Access Bars Practitioner and Facilitator
- Access Consciousness Body Process, Symphony of Possibilities, and Energetic Synthesis of Structural Embodiment Practitioner
- Emotional Freedom Technique (EFT) Practitioner by AAMET and Vitality Living College
- Matrix Reimprinting Practitioner from AAMET and Vitality Living College
- Integrated Clinical Hypnotherapist by California Hypnosis Institute of India
- Past Life and Age Regression Therapist
- Systemic and Family Constellation- based on the works of Dr. Bert Hellinger
- Redikall Healing by Dr. Neeta Yuvraj from International Academy of Life (now Omnipresence Academy of Life)
- Master-Teacher of Magnified Healing®
- Advanced Reiki Healing by Reiki Healing Foundation, India



- Pranic Healing by World Pranic Healing Foundation Inc.
- Angel Therapy Practitioner and Advanced Angel Therapy Practitioner by Dr. Doreen Virtue
- Tarot and Oracle Card Reader and Trainer - Certified by the Karmic Center for Learning and Healing
- Level One Practitioner of Bach Flower Remedies
- Worked with RAHI Foundation from 2005 to 2015 in various roles. Served on their core team and led their Peer Education Program from 2013 - 2015.

Corporate Experience:

HCL Technologies Ltd. (June 2007 to December 2011) :

Learned, experienced and led the end-to-end operations of three major departments of the Human Resource Function:

- ❖ HR Business Partner (December 2010 to December, 2011)
- ❖ International HR (November, 2008 to November, 2010)
- ❖ Campus Recruitments (June, 2007-October, 2008)

HCL gave me a platform to learn, experiment, grow and lead, thereby enabling me to bloom as a professional from a Fresher to a Subject Matter Expert to a Team Leader, enriching my theoretical knowledge with vast practical experience.

Education Background:

Degree	Examination	Board/ Univ.	Institute	Year of Passing
Post Graduation	Executive Program in Human Resource Management	-	IIM Kolkatta	2011
Graduation	B.A.(Hons) Psychology	Delhi University	Jesus and Mary College	2007
Senior Secondary	A.I.S.S.C.E	C.B.S.E	Sardar Patel Vidyalaya	2004
Secondary	A.I.S.S.E	C.B.S.E	Sardar Patel Vidyalaya	2002

Contact Details:

Phone Number: +91-9958630057

E-Mail: saumya@thebutterfly-effect.com, saumyapsy@gmail.com

